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Female Balance

Data Sheet

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For Your Everyday Female Balance

Specially tailored supplements for your feminine needs

For more balance in everyday life and during your cycle

With **MAGNESIUM**, you can stay calm even on stressful days. **CURCUMIN VITAL** is the perfect addition to support your well-being, and **NATURAL IRON** helps you fight fatigue and exhaustion.

- Well-being
- Immunity
- Well-being
- Iron binding and transport
- Energy

What is Female Balance?

This set combines **CURCUMIN VITAL**, **MAGNESIUM**, and **NATURAL IRON** into a powerful formula that supports you daily.

With **MAGNESIUM**, you can stay calm even on stressful days. **CURCUMIN VITAL** is the perfect addition to enhance your well-being, and **NATURAL IRON** helps you combat fatigue and exhaustion.

Plus: Gentle and well-tolerated! The Female Balance Set is easy on the stomach and specially designed for sensitive digestive systems.

Why Female Balance from artgerecht?

- Iron, Magnesium & Turmeric for your female balance
- Supports the nervous and immune system
- Gives you energy for your day
- 100% natural: free from artificial additives

Frequently Asked Questions

Why is the combination of turmeric, ginger, saffron, and magnesium important for women?

This combination has been carefully selected to support the specific needs of women. Turmeric, ginger, and saffron provide natural anti-inflammatory and antioxidant benefits, while magnesium is essential for over 300 enzymatic reactions in the body, including muscle and nerve function. This is particularly beneficial for women during active life phases or menstruation.

Can the FEMALE BALANCE Set help prevent iron deficiency?

Yes, the set includes NATURAL IRON with plant-based curry leaf iron and vitamin C to enhance iron absorption. This combination can help women meet their iron needs, especially during phases of increased demand such as pregnancy, menstruation, or physical activity.

How does the FEMALE BALANCE Set support my immune system?

Through the thoughtful combination of vitamin C in NATURAL IRON, antioxidant spices in CURCUMIN VITAL, and magnesium, the immune system is naturally supported. Vitamin C not only improves iron absorption but also contributes to the normal function of the immune system.

Can I combine the FEMALE BALANCE Set with other supplements?

Yes, the set is designed to be combined with other supplements. However, we recommend taking magnesium separately from calcium or iron to avoid interactions and optimize absorption.

Is the FEMALE BALANCE Set suitable for all women?

The set is suitable for most women, including athletes, pregnant or breastfeeding women, and those looking to supplement their diet. However, we recommend consulting a doctor before starting any new supplement, especially during special life stages or if there are health concerns.

What makes the FEMALE BALANCE Set unique?

The unique combination of high-quality, natural ingredients tailored specifically to women's needs makes this set stand out. It provides holistic support for well-being by combining anti-inflammatory, immune-boosting, and energy-enhancing properties in one package.

Additional information

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