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Lactoferrin Immun+

Data Sheet

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Lactoferrin Immun+



Innovative premium formula for the immune system², cell protection³ & energy⁴

With highly pure Lactoferrin CLN®, patented lactic acid bacteria AB21® & important micronutrients

Innovation, purity & tested quality: Your plus for the immune system² in a convenient stick format.

Whether during stress, in the cold season or in everyday life: With Lactoferrin Immun+ you receive a unique combination of highly pure Lactoferrin CLN®, patented bacterial strains, and essential vitamins & minerals – for a normal immune system², effective cell protection³ and a healthy energy metabolism⁴.

- Lactoferrin CLN® with 98% purity
- For a normal immune system²
- Support of energy metabolism⁴
- Protection of cells from oxidative stress³
- Patented lactic acid bacteria: AB21®

What is Lactoferrin Immun+?

Lactoferrin Immun+ is an innovative premium formula with vitamins and minerals that contribute to the normal function of the immune system². It combines highly pure **Lactoferrin CLN®** with a **purity of 98%**, the **AB21® lactic acid bacteria blend**, and also contains the soluble dietary fiber **inulin**. Selected vitamins and minerals complement the formula. Each ingredient has been precisely chosen and optimally combined to create a product that unites purity, innovation, and quality.

The combination makes the difference: Each stick contains **two billion lactic acid bacteria** from four patented strains, which were awarded the NutraIngredients Award 2022, as well as 500 milligrams of natural inulin. In addition, it contains essential micronutrients such as **vitamin C, vitamin A, zinc, selenium, copper** and **manganese**. These contribute to the

normal function of the immune system², to cell protection³ and to a normal energy metabolism⁴.

With this, Lactoferrin Immun+ combines important nutrients in a balanced formulation. Each stick provides practical support for the immune system², cell protection³ and energy⁴ in an innovative formulation that is easy to take, has a refreshing taste and is scientifically developed. This makes Lactoferrin Immun+ an ideal fit for everyday life.

Why Lactoferrin Immun+ from artgerecht?

- **Unique formulation:** Combination of Lactoferrin CLN®, lactic acid bacteria (AB21®), inulin, and selected vitamins & minerals (vitamins C & A, zinc, selenium, copper, manganese).
- **Special innovation mix:** With 2 billion lactic acid bacteria from four patented strains, awarded the NutraIngredients Award 2022.
- **Targeted nutrient effects:** With vitamins C & A, zinc, selenium, copper and manganese for immune system², cell protection³ and energy metabolism⁴.
- **Natural source of fiber:** With 500 mg of inulin per stick, a natural dietary fiber from plants.
- **Carefully selected:** Contains high-quality vitamin and mineral compounds that are ideally coordinated.
- **Fruity & practical:** Refreshing raspberry and lemon flavor, easy to use.
- **Highest purity:** Lactoferrin CLN® with 98% purity - one of the purest forms available worldwide.

Scientific background to Lactoferrin Immun+?

Lactoferrin is a naturally occurring protein found in various bodily fluids such as tears, saliva, and breast milk. It is especially well known as a component of the first breast milk (colostrum), where it naturally occurs in high concentrations. A characteristic feature of lactoferrin is its ability to bind iron. This property has been the subject of intensive scientific research for decades. With Lactoferrin CLN®, Lactoferrin Immun+ contains a **98% pure form** processed according to modern standards. The formula is complemented by **AB21®**, a blend of four patented lactic acid bacteria strains that have been investigated in scientific studies and awarded the **NutraIngredients Award 2022**. The strains are clearly defined, specifically cultivated and characterized by carefully documented quality.

Inulin is a soluble dietary fiber naturally found in plants such as chicory or artichokes. Chemically, it belongs to the fructans and is not digested in the human small intestine, allowing it to reach the large intestine unchanged. Inulin has been the subject of nutritional science research for many years and is described as a natural component of fiber-rich foods. In scientific contexts, inulin is often classified among the so-called **prebiotics**.

Frequently Asked Questions

Why are inulin, AB21® & lactoferrin combined?

This combination unites various ingredients that complement each other in their functions. Lactoferrin CLN® is combined with the specially developed AB21® bacteria blend, which consists of four patented lactic acid bacteria strains. Inulin complements the formulation as a dietary fiber. It occurs naturally in plants such as chicory and is part of a fiber-rich diet. The mixture is rounded off with selected vitamins and minerals, including vitamin C, vitamin A, zinc, selenium and copper, which contribute to the normal function of the immune system².

Which strains are used in the Immunity Sticks?

Four specifically cultivated strains are included: *L. plantarum* KABP022/023/033 and *P. acidilactici* KABP021. These are highly stable lactic acid bacteria of the *Lactobacillus* species. The strains are classified as safe in the EU (QPS status of EFSA) and were awarded the NutraIngredients Award in 2022. They are specifically cultivated for this probiotic blend and have been investigated in scientific studies.

Do the gut bacteria even survive the stomach?

The KABP® strains are patented, thoroughly characterized and scientifically investigated. Data on acid tolerance and stability are available for this specific combination and have been documented in studies^{11 12}.

How does AB21® work with Lactoferrin CLN® and inulin?

The ingredients complement each other in their function: AB21® provides a clearly defined blend of four patented lactic acid bacteria strains, Lactoferrin CLN® is an iron-binding protein in an exceptionally pure form (98%), and inulin contributes to the overall formula as a natural dietary fiber. Together, they form an innovative combination that is further enhanced by selected vitamins and minerals that contribute to the normal function of the immune system².

What do probiotics have to do with the immune system?

Since about 80% of immune cells are located in the gut, the gut plays a central role in research related to the immune system. Lactoferrin Immun+ with 2 billion CFU (live bacteria) is taken orally and thus reaches the gut. There, scientific studies focus on their potential metabolic activities and interaction with the gut surface. Research also explores how these processes may influence the immune system.

What effect do the additional vitamins and minerals have?

The compounds used have been carefully selected and contribute to important bodily functions. Vitamin C, vitamin A, zinc, selenium and copper support the normal function of the immune system². In addition, they contribute to the protection of cells from oxidative stress³, while vitamin C, copper and manganese also contribute to normal energy metabolism⁴.

Can I take it daily, even with a sensitive stomach?

Lactoferrin Immun+ is designed for daily use. For sensitive stomachs, it is recommended to dissolve the powder in cool water and take it with a main meal. All ingredients are carefully tested and selected to ensure high product quality.

What is the difference between probiotics & prebiotics?

Probiotics are live microorganisms of specific strains found in dietary supplements or fermented foods. The key point is that they are consumed in living form. Prebiotics, on the other hand, are certain indigestible dietary fibers that are traditionally associated in nutritional science with supporting gut microorganisms. The combination of probiotics and prebiotics is called a synbiotic.

What else needs to be considered when taking it?

Lactoferrin Immun+ is designed for daily intake and can generally be taken independently of meals. If antibiotics are taken at the same time, the recommendations of a doctor or pharmacist should be followed.

More about Lactoferrin Immun+

Die in Lactoferrin Immun+ enthaltenen Vitamine und Mineralstoffe tragen zu zentralen Körperfunktionen bei. So trägt **Vitamin C** unter anderem zu einer normalen Funktion des Immunsystems² bei, schützt die Zellen vor oxidativem Stress³ und trägt ebenfalls zur Verringerung von Müdigkeit und Ermüdung⁵ bei. Auch **Vitamin A** spielt eine Rolle für die

Immunfunktion² und trägt zur Erhaltung normaler Schleimhäute bei⁶. **Zink** ist gleich mehrfach beteiligt: Es unterstützt das Immunsystem², den Vitamin-A-Stoffwechsel⁸ und die Eiweißsynthese⁹. Zudem trägt es zum Schutz der Zellen vor oxidativem Stress bei³. **Selen** ergänzt diese Effekte durch seinen Beitrag zur normalen Schilddrüsenfunktion¹⁰, zur Immunfunktion² und zum antioxidativen Zellschutz³. **Kupfer** wirkt sowohl am Immunsystem² mit als auch am Schutz der Zellen vor oxidativem Stress³. **Mangan** wiederum trägt zu einem normalen Energiestoffwechsel⁴ bei und unterstützt die Erhaltung normaler Knochen⁷.

Ingredients

Dextrose (anhydrous), inulin, Lactoferrin CLN® from cows milk¹³, vitamin C (ascorbic acid), maltodextrin, zinc citrate, probiotic strains (Lactobacillus plantarum KABP®022, Lactobacillus plantarum KABP®023, Pediococcus acidilactici KABP®021), raspberry flavor, Lactobacillus plantarum KABP®033, Luctamask, lemon flavor, manganese bisglycinate, copper gluconate, vitamin A acetate, selenium (as sodium selenite).

Content

	1 stick (2.5 g) N	
<i>Lactobacillus plantarum</i> KABP®022, <i>Lactobacillus plantarum</i> KABP®023 and <i>Pediococcus acidilactici</i> KABP®021	1x10 ⁹ CFU ¹	-
<i>Lactobacillus plantarum</i> KABP®033	1x10 ⁹ CFU ¹	-
Lactoferrin CLN®	200 mg	-
Vitamin C	200 mg	25
Vitamin A	800 µg	10
Zinc	15 mg	15
Selenium	55 µg	10
Copper	1 mg	10
Manganese	2 mg	10
Inulin	500 mg	-

Recommended intake

Consume 1 stick daily, either pure or dissolved in 150 ml of liquid.

Additional information

- SKU/MPN: 15119-3
- Content: 30 x 2,5 g
- Net filling quantity: 61 g
- EAN/GTIN: 4260656121085
- PZN (DE): 20029939
- PZN (AT): 5992839
- Customs tariff number: 21069098
- Origin: ES
- Version: 16.04.2026



1) Nutrient reference values for adults, based on EU regulation 2) Vitamin C contributes to the normal function of the immune system during and after intense physical exercise. Vitamin C contributes to the normal function of the immune system. Vitamin A contributes to the normal function of the immune system. Zinc contributes to the normal function of the immune system. Selenium contributes to the normal function of the immune system. Copper contributes to the normal function of the immune system. 3) Vitamin C helps protect cells from oxidative stress. Zinc helps protect cells from oxidative stress. Selenium helps protect cells from oxidative stress. Copper helps protect cells from oxidative stress. Manganese helps protect cells from oxidative stress. 4) Vitamin C contributes to normal energy metabolism. Copper contributes to normal energy metabolism. Manganese contributes to normal energy metabolism. 5) Vitamin C contributes to the reduction of tiredness and fatigue. 6) Vitamin A contributes to the maintenance of normal mucous membranes. 7) Zinc contributes to the maintenance of normal bones. Manganese contributes to the maintenance of normal bones. 8) Zinc contributes to normal vitamin A metabolism. 9) Zinc contributes to normal protein synthesis. 10) Selenium contributes to normal thyroid function. 11) AB21 Probiotic. (n.d.). Mechanism of Action. Retrieved from https://www.ab21probiotic.com/ab21/mechanism-of-action/?utm_source=chatgpt.com 12) AB21 Probiotic. (n.d.). Scientific Evidence. Retrieved from https://www.ab21probiotic.com/ab21/scientific-evidence/?utm_source=chatgpt.com 13) Lactose-free (lactose content below 0.1 g / 100 g)