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# Regeneration

*Data Sheet*

[www.artgerecht.com](http://www.artgerecht.com)





## Regeneration for Your Everyday Life and After Exercise

The REGENERATION Bundle is perfect for active individuals, athletes, and anyone who wants to support both their physical and mental recovery while managing a demanding lifestyle.

**A combination of high-quality organic magnesium that helps prevent muscle cramps and fatigue, L-glutamine to support the immune system and gut, and essential amino acids for rapid protein synthesis.**

The REGENERATION Bundle stands out due to its unique combination of natural and high-purity ingredients, immediate absorption of specific nutrients directly through the mucous membranes, and its focus on holistic recovery.

- Deep cellular protection
- Optimal nutrient absorption
- Muscle regeneration
- Magnesium recovery boost
- Natural synergy formula

## What is Regeneration?

Discover how our **REGENERATION** Bundle with **PROTECT**, **MAGNESIUM**, and **AMIN** transforms your daily recovery.

Perfectly coordinated, **natural ingredients** effectively support your **regeneration** – whether after intense physical activities or the challenges of everyday life. Experience the synergy of immediate **nutrient absorption**, deep **protection**, and delicious taste that helps you tackle each day with **energy and vitality**.

## Why Regeneration from artgerecht?

- Quick muscle recovery
- EVAA™ formulation – contains all essential amino acids
- High bioavailability
- Patented manufacturing process

## Frequently Asked Questions

## For whom is the **REGENERATION** Bundle intended?

The **REGENERATION** Bundle is ideal for active individuals, athletes, and anyone navigating a demanding daily routine while seeking support for their physical and mental recovery. It is perfect for those who value natural ingredients and an effective nutrient supply.

## How does the bundle support recovery after exercise?

Through the combination of high-quality organic magnesium, which helps prevent muscle cramps and fatigue, L-glutamine to support the immune system and gut, and essential amino acids for rapid protein synthesis, the bundle promotes comprehensive physical recovery and effectively supports muscle repair after training.

## Can the bundle be taken daily?

Yes, the **REGENERATION** Bundle is designed for daily use. The carefully selected natural ingredients are tailored to contribute to overall health and well-being every day without causing unwanted side effects.

## How does the **REGENERATION** Bundle differ from other products on the market?

The **REGENERATION** Bundle stands out due to its unique combination of natural and high-purity ingredients, immediate absorption of specific nutrients directly through the mucous membranes, and its focus on holistic recovery. Additionally, it offers high bioavailability and tolerability, setting it apart from conventional supplements.

## Additional information

- SKU/MPN: 24015
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