

WerdeWiederMensch(Book)



The Species-Appropriate Bible

The extraordinary health cookbook as a comprehensive guide to a species-appropriate lifestyle.

In the book, you will learn how individual components of your daily life, such as chronic stress, can affect various systems, like the digestive or hormonal systems, and how you can take control of your health.



Product Information

- Name: WerdeWiederMensch(Book)
- Best Before Date: Contained on the packaging
- Distributor: artgerecht GmbH, Liebfrauenberg 39, D-60313 Frankfurt a.M., Germany

Storage Conditions & Mandatory Information

Store in a cool, dry, and light-protected place. The recommended daily intake must not be exceeded. Dietary supplements are not a substitute for a balanced and varied diet and a healthy lifestyle. Keep out of reach of small children.

Why WerdeWiederMensch(Book) from artgerecht?

- A comprehensive guide to a healthy, species-appropriate lifestyle
- Helps you take control of your health
- With simple yet sophisticated recipes
- Modern design, aesthetic photography, and high quality
- By species-appropriate founder Daniel Reheis and Dr. Leo Pruimboom

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Additional Information

• SKU/MPN: 10185

• EAN/GTIN: 9783966983075 Customs Tariff Number: 49019900
Origin: AT
Version: 16.12.2025



Food Labeling & Mandatory Information

Warnings

Store sealed at room temperature out of reach of children. Protect from direct sunlight and moisture. Consume promptly after opening. Do not exceed the recommended daily intake. Dietary supplements are not a substitute for a balanced and varied diet and a healthy lifestyle.

Consumption Recommendation

Mix 1 scoop in 400 ml of liquid (e.g., water, juice, spritzer, smoothie) and drink once daily with breakfast.

Country of Origin

ΑT

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artgerecht GmbH, Liebfrauenberg 39, D-60313 Frankfurt a.M., Germany

artgerecht GmbH Liebfrauenberg 39 60313 Frankfurt am Main Germany

Declaration of Conformity

for general consumption foods, dietetic foods, and dietary supplements in pre-packaged form

The artgerecht GmbH hereby declares, with binding effect and specific to the product, the compliance of the following product with food and metrology regulations:

Unique Product Designation: WerdeWiederMensch(Book)

The artgerecht GmbH confirms, within the scope of its responsibility as a food business operator pursuant to § 3 No. 6 LFGB, that both the production and the quality of **WerdeWiederMensch(Book)** have been carried out under constant control and in compliance with all applicable food and metrology regulations in Germany. These include, in particular, in addition to all other relevant legal provisions:

- the Food and Feed Code (LFGB);
- Regulation (EC) No. 178/2002 of the European Parliament and of the Council laying down the general principles and requirements of food law, establishing the European Food Safety Authority, and laying down procedures in matters of food safety;
- Regulation (EU) No. 1169/2011 of the European Parliament and of the Council on the provision of food information to consumers (Food Information Regulation);
- the Measurement and Calibration Act (MessEG);
- the Pre-Packaging Regulation (FertigPackV).

All production processes were carried out under constant control by the artgerecht GmbH, in compliance with applicable food hygiene requirements and adherence to Good Manufacturing Practices.

The artgerecht GmbH undertakes to issue this declaration again, unprompted, as soon as significant changes in production affect compliance, or when relevant changes to the applicable legal regulations or new scientific findings relevant to the compliance of **WerdeWiederMensch(Book)** arise.

Frankfurt, 16.12.2025 artgerecht

Place, Date Stamp / Signature